IPMA international project management association

www.ipma.ch

influence on success of project work: Hard Facts: 44%; Soft Facts: 56%

Project – Roadmap

Hard Facts

Professional

GPM Deutsche Gesellschaft für Projektmanagement e. V.

www.gpm-ipma.de

Overview of activities that a project team would have to implement in a way appropriate to each individual project in order to produce an excellent project.

Company- and Project organization

DIN 3 | PMK 2.4 / 4.1 | ICB 22 / 5

Company organization structure :

- security standardisation
- routine
- exact system of rules
- known objectives
- known ways
- who? how when
- change-tasks
- new objectives
- innovation
- creativity
- risk
- conflicts
- conduct experiments
- new ways
- staff
- autonomous
- matrix
- structure
- tasks
- responsibility

(matrix of responsibilities)

GL, LV, consultative committee, project leader, competence-domains CD 1 CD 2 CD 3 CD 4, leadership (and staff), MD 1 MD 2 MD 4 MD 5, Project n, Project 3, Project 2, Project 1, customer B, customer A, marketing-instruments

flow, appreciation, relationship

Hierarchy develops due to knowledge and unit know how head start ?

strength conform deployment within the project

cf.: Wolfram Zintel

Project Marketing

DIN | PMK | ICB 38

Do good things an talk about them ! → present high quality results

Project Environment Stakeholder

DIN | PMK 1.3 / 1.4 | ICB 4 / 5 / 39

„Game Player" strength field analysis

project, stakeholder, surrounding, environment

„living" system consisting of variables / interspersons / momentum / incomplete information / assumption / fixed system characteristics

complex, surprising, complicated, methods / rules, sedulity / behavior, theory / principles, ideas / values / leading

System :
the observer agrees a differentiation of his environment. The frontier is that what the so defined system separates from his outside world. And first that frontier describe the system as somewhat different from the environment.

connection hypothesis
systemic environment analysis

cf.: – Dietrich Dörner – Frederic Vester – Peter Gomez und Gilbert Probst

Information- and Reporting System

DIN | PMK 4.8 | ICB 21

report, internal, external

Economic Value Added (EVA)

Performance Measurement Board

operating figures, key data

Cost trend analysis

(€-reports)

cost schedule, start of project, actual, forecast, today, project start

Milestone Trend Analysis

time (t-reports)

actual, forecast, today, project start, status meeting, status meeting

Controlling

DIN 16 | PMK 3.7 | ICB 20

„to control" = adjust / navigate

Manager, Controlling, Controller, Production, Sales, Development, Marketing, Purchasing, Logistic, Manpower, Finance, Industrialisation

objective oriented and navigation decisions will be made on the base of controlling

→ business analyzing pilot
→ information provider for management

→ target / actual comparison
→ signal system of variations, should cause a correction by management (navigation)
(correction ignition)

Contract Management, Claim Management

DIN | PMK 4.3 | ICB 27

DIN | PMK | ICB 6

addition, modified costs, modified time, modified quality

§, BGB, target specification, contract, contract specification, DIN 69905 / 3.53 after contract has been signed, DIN 69905 / 3.44 call for bids

„depletive description of agreed specification by contract"

Purchasing

Documentation Management

DIN 19 | PMK 4.5 | ICB 29

2002.08.0x.xx.xx.doc

principle of one / source

ORACLE, SAP, database solution → changes are visible in all concerned documents

individual objectives of project members

Project Evolution

Reaction on:
- modifying environment
- new state of knowledge

learning organization

DIN | PMK | ICB 37

Financing

DIN | PMK 3.5 | ICB 16 / 42

wherefrom ?

budget

Project Marketing

DIN | PMK | ICB 38

Business planning

Management, What kind of good an services our customers will by in … years ?, We believe, world market, competitor, customer, shareholder, banks, rating agencies, management by projects

Start of some projects as an project program / project portfolio to realize : ▸ strategy for the future ▸ business plan

project application

Project Management Implementation

- ▸ market pressure
- ▸ increasing complexity
- ▸ death line pressure
- ▸ increasing quality requirements
- ▸ ….

DIN | PMK 1.5 | ICB 2

Project to Implement project-management

DIN | PMK 1.8 | ICB 6

Project phases

go / no go, phase1, phase 2, phase 3, phase 4, phase 5, presentation, point of no return, finish, costs / effort, expenses, time, process phases plan e.g. product development process

Methods of problem solving, Creativity Techniques

DIN | PMK 3.10 | ICB

DIN | PMK 3.9 | ICB

Brainstorming
Brain writing
Meta plan technique
Search area enlargement
To reason by analogy
Fuzziness

quality of result, project process, A, B, morphology

management, human, machine, measurement, material, method, problem, contemporaries

demand to do projects

Start, project start, job clarification

The slowest person, who is keeping an eye on his/here objective, is still faster than the person, that is straying around without objective.
G. E. Lessing

planning of objectives:

- content
- proceeding
- ….

proceeding objectives / result objectives

technical solution, social solution

DIN | PMK 1.6 | ICB 8

Work Breakdown Structure

DIN 2 | PMK 3.1 | ICB 12

structured overview of all work packages that have to be finished to achieve the project objective

WBS, customer, project-management, planning process, product, realisation, create contract, contract management, basis-management, basis-planning, data transmit, assembling, information and reporting system, pre-inspection, inspection, object acceptance, create concept, concept, object documentation, information management, controlling, cost management, controlling, time management, time planning, create concept, concept, documentation, involvement in planning, involvement in controlling, documentation, object acceptance, carpenter, bricklayer, plumber, electrician, painter, architect, Hochtief, Hilti, Bosch, Festool, Makita, Metabo, Würth, Bauhaus, Hornbach, Obi, Hagebau, Hellweg, Toom, Globus, Praktiker, Max Bahr, Bauking, Gamma, Holz Possling, Fischer, Wolfcraft, Stabila, Skil, Einhell, Flex, Kärcher, Black & Decker, Dewalt, Bosch, Metabo, Hilti, Festool, Fischer, Wolfcraft, Stabila, Skil, Einhell, Flex, Kärcher, Black & Decker, Dewalt

PM-Handbook

equipment for project work : - forms - check lists - ….

Hilti, Festool, Fischer, Wolfcraft, Stabila, Skil, Einhell, Flex, Kärcher, Black & Decker, Dewalt, Bosch, Metabo, Hilti, Festool, Fischer, Wolfcraft, Stabila, Skil, Einhell, Flex, Kärcher, Black & Decker, Dewalt

EDP Support in Project

DIN | PMK 4.9 | ICB 25

hardware, software, cross linking, agreements, rules

Warning : EDP only have a impact of 5 % to project success.

Calculation

DIN | PMK | ICB 9

future, calculation of production costs at project start, initial calculation, of cross Knowledge, concurrent calculation over project time, estimate

Complexity management

cf.: Manfred Syrbach © SPM-Consult

world 3: people / employee
world 2: complexity management → Cybernetic 2. order / dynamic / catalyst systemic evolution / self organization
world 1: traditionally project management → Cybernetic 1. Order / „command" – control / hard reality / plan – actual / hard operating
world 4: value, Way of thinking, set of beliefs
Idea: Project-start
systemic view, networking, revolving processes
project- / product process: Configuration and realisation of project objectives / project object, project realisation – project dynamic
behaviour / project culture

„Soft Factors"

describe world 2, 3 and 4 including:
- intercultural diversity
- spirituality

Project results: Project closure

„Hard Factors" describe world 1

Configuration- and Modification Management

DIN | PMK 4.4 | ICB 17

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DIN | PMK | ICB

DIN | PMK 3.2 | ICB 14

Configuration of previous performance agreed by contract, previous specifi-cation, previous contract, previous require-ments, previous performance agreed by contract, ? additional costs, ? additional time, ? additional resources, ? quality / performance, modified surrounding, modified performance, additional performance, modified performance agreed by contract, modified contract, modified specifi-cation, changed require-ments

Logistic

DIN | PMK | ICB

JIT / JIS

logistic concentration

Multi Task Project Management

Product portfolio of all product programs developed project is produced by a product development process. These product programs compete in world market.

Project program of a product family here: refrigerators

Projects of a project program here: refrigerator, cabinet, freezer

cf.: H.-G. Gemünden / H. Dammer

Meetings :

- agenda + objectives (who; duration; inf./disk./decis.)
- organization / invitation
- documentation (minutes)
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- meeting frequency
- optional dates

Schedule

activities, A 1, A 2, A 3, analyze the past, Forecast, afterwards everything looks easy, we search for people beforehand, milestone, GANT, today, end of project planned, end of project effective

Project Evolution

Cost Planning

€, today, project budget, liquidity, 1. change, 2. change, budget overrun, absence of quality, time, t

Risk Management

DIN | PMK 4.7 | ICB 18

e.g. delphi, Risk 1, Risk 2, Risk 3, time of occurrence, immediately, 1 month, ~3 month, high, low, consequences, maximum risk, high risk, low risk, probability of occurrence

Safety, Health and Environment

DIN | PMK | ICB 40

Quality Management

DIN | PMK 4.2 | ICB 28

performance / quality, quality / performance, costs, time, planned for today, planned project results, customer-satisfaction, stakeholder-satisfaction, people-satisfaction, project objective, stage of maturity, today, time, projectPROFIT-Methode®, www.projectprofit.de

Project Excellence Model ™

DIN | PMK 1.7 | ICB 9

leadership 80 points		customer-results 180 points	Key people-performance and project results 180 points
people 70 points	processes	people-results 80 points	
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Project Close Out

DIN | PMK 4.10 | ICB 11

feedback, lessons learned, unloading of the project team

Continuous Improvement Process (CIP) / Deming - Cycle

Plans: think, what to do. Do = do what you want to do. Act = improve / revise and improve continuously, document the results such that the whole organization can learn

"A project is only successful when all participants have the feeling that it was successful."

free download: www.project-roadmap.com

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cf.: Gemünden 1992 und Seiln/Seiln 1994

Evolution

as an explanatory model:

Where do we come from? Where are we going?

Around 15 billion years have past since our universe was created

Around 4.3 million years, We're not done evolving yet → the process continues!, Around 80 years

Humans in their current form as the result of evolution:
- ▸ By surviving, humans are able to pass on things that were successful.
- ▸ Members of the species who are the quickest to react to changes survive, not the strongest or the most intelligent.

cf.: Darwin / Lesch 2002 / Statistisches Bundesamt der BRD (Federal Statistical Office, Germany)

Consciousness and subconsciousness

cf.: BRD 12 / 2004 – www.gen.de

Iceberg model of consciousness

Consciousness, Subconsciousness, Subcons-ciousness

ball model: of consciousness

cf.: von Cube 2002

The art of giving feedback

Objective of feedback:
- ▸ Provides information about observed behaviour (sense-specific perception of the observer)
- ▸ Enables adjustment of my-self-image, external image and meta-image
- ▸ Provides motivation / support
- ▸ Enables learning and change

Giving feedback:
- ▸ The "sandwich" method:
  - a) What was good
  - b) What there could have been more of willingness to give feedback / attentiveness
- ▸ Feedback should be given as soon as possible and linked to the event / act of communication
- ▸ Feedback should be considerate and respectful towards the recipient
- ▸ Feedback should be subjective (pay attention to the language used: "others" → "me")
- ▸ and free of interpretation concerning the person you are communicating with.
- ▸ Feedback should provide useful information such as concrete recommendations or examples that can be applied in future situations.
- ▸ Feedback should be authentic and honest (have the courage to give feedback)
- ▸ Feedback should be more specific (what I saw, heard etc.; how it made me feel; what sensations were aroused)

Receiving feedback:
- ▸ Listen attentively
- ▸ Accept what is helpful with thanks and consideration
- ▸ Ask questions if there is something you don't understand, and "return" the rest
- ▸ Do not try to provide justifications

(Remember, it's all in the past now. This is the way the person you are communicating with experienced you.)

Feed - back

Developing trust

A way of reducing complexity in interpersonal interaction

- ▸ Formal affiliation with a group → Category-based trust
- ▸ Behaviour expectations are inferred from the person's role (e.g. as a project manager) → Role-based trust
- ▸ Focus on information provided by others about the person (P) who accepts the trust → Opinion-based trust

Assembled information, inferred trustworthiness, Experienced trustworthiness, Personal experience, Interpersonal trust, Intrapersonal trust

Findings in behavioral biology:

What are the biological drives that influence our actions?

The primal motives of humans and animals can be found in their biological drives.

The term **flow** refers to an intoxicating state or holistic feeling that one experiences when completely involved in an activity for its own sake. The ancient Greeks called it eudaimonia: the state of being in which motivation or pleasure that one feels after solving a problem or overcoming danger – feelings that are not driven by a signal for money, power or respect.

cf.: Csikszentmihalyi 2004

Desire for security:
- ▸ Humans have a drive to risk-taking in order to gain security.
- ▸ Things that are unknown arouse fear, whereby the fear may become familiar, feelings of insecurity are transformed into feelings of security.
- ▸ Curiosity = a "craving" that is a sign of strong appetitive behavior "What's new?"
- ▸ The desire of security which is so longingly hoped for increases as the area examined by the individual grows, as more and more problems are solved, as the level of one's knowledge increases; and as more and more new things become familiar.
- ▸ Everyone has experienced at one time the pleasure of solving problems or overcoming danger – the "flow" experience – a feeling ranging from a simple "light bulb" moment to dancing with joy.

Flow Channel

Feeling of competence, Fear, Boredom, Performance, Challenge

Aggression
- ▸ Thumping over one's rivals / attaining rank in a group (social group) / achieving respect
- ▸ Aggression is a drive (e.g. in the gothic domain or high-ranking position high level on the ladder of success)
- ▸ Rivals and the privileges and benefits associated with a specific rank are the stimuli that trigger the drive.
- ▸ The compulsive act is defined by the struggle and the final act of triumph that is experienced with pleasure.
- ▸ Increasing the frequency of experiences of triumph is easiest to achieve where one's care be had with little effort.

Desire for companionship
Embedding in the environment by experiencing it with others

- ▸ A person who attains a higher rank than others is able to experience a lasting, "easy victory" and can savour this victory at any time.
- ▸ This person savours his or her victory by maintaining a large "territory", commanding a large number of subordinates and treating them in a condescending and degrading manner.

Autopoiesies :

from Greece „auto" for self and „poiesis" for create. The self-creating and self renewing systems. So a differentiation of living (autopoietic) and non living systems is possible.

cf.: Maturana/Varela

Social systems exist only by communication (intra-dyive connections between delusion-worlds) not by subjects, individuals or other active parties.

cf.: Luhmann (Bielefeld)

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Brainstorming, Brain writing, Meta plan technique, Search area enlargement, To reason by analogy, Fuzziness, quality of result, project process, A, B, morphology

management, human, machine, measurement, material, method, problem, contemporaries

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- ▸ market pressure
- ▸ increasing complexity
- ▸ death line pressure
- ▸ increasing quality requirements
- ▸ ….

DIN | PMK 1.5 | ICB 2

Boot Logging

DIN | PMK 1.8 | ICB 6

Project phases

go / no go, phase1, phase 2, phase 3, phase 4, phase 5, presentation, point of no return, finish, costs / effort, expenses, time, process phases plan e.g. product development process

action models

waterfall, unknown future, chunking, agile, stage gate

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"A project is only successful when all participants have the feeling that it was successful."

management and leadership

Management: Influencing people consciously and directly by way of communication in order to reach specific goals or targets.

Person, Management behavior, Management success, Situation, "You can't not manage.", Leaders do the right things.

Management strategies – "management by" approaches:

1. Management by the group itself (self-organization of the group according to different strengths / the group manages itself in different situations by relying on individuals in the group who have specific knowledge of expertise / the team leader coordinates, and the group makes decisions)
2. Management by delegation (cooperative management style)
3. Management by participation (cooperative management style)
4. Management by objectives (management by setting targets)
5. Management by ….

Authoritarian, Cooperative management style, Options available to the leader, Authoritarian, Advisory, Participative, Delegative, Patriarchal

Dimensions of management interventions:

Participation, Involvement, Delegation

- Qualification – increases
- Commitment – increases
- Motivation – increases

Employee orientation, Degree of satisfaction – increases, Lost working time – decreases, Employee turnover – decreases

cf.: v. Rosenstiel

Five aspects of management behavior:

1. **Strategy / purpose of the activity**
   What is the intention of the leader?
   What is the goal that the leader wants to reach?
   What is the purpose of reaching the goal for the leader?
2. **Content**
   What is the leader trying to communicate?
   What are people under the supervision of the leader supposed to assimilate?
3. **Process**
   Where do I start?
   How can the starting point be characterized?
4. **Approach**
   How does the leader communicate his or her message?
5. **Person**
   The leader is always involved as an individual. He or she is a part of the intervention.
   The leader is always in the spotlight and observed by the people under his or her supervision.

cf.: Langmaack and Braune-Krickau

Conflicts

Conflict management styles

acc. Blake, Mouton, Thomas

0 ++ 100% **lose-win** → Give in, abandon own targets

100% <+ 100% **win- win** → **Consensus** Joint problem resolution → Optimum solution

50% <+ 50% **lose-lose** **Compromise** (each party agrees to move away from its maximum demands) → Goal is only to find a workable solution

0 ++ 100% **win-lose** → Get your way by force

Avoidance: sweeping the problem under the rug

Orientation towards OWN interests, Orientation towards the interests of the OTHER PARTY, Harmony, Power

Stages of conflict escalation

1 = Hardening of positions, 2 = Debate and dispute, 3 = Actions instead of words, 4 = Image and coalition, 5 = Loss of face, 6 = Threat strategy, 7 = Targeted blows, 8 = Splintering, 9 = Mutual annihilation

Motivation

Pursuit of relaxation and emotional security, fear of problems, Pursuit of success, achievement, leadership and influence (pleasure of victory), Pursuit of competition, conflict, aggressiveness and retaliation, Pursuit of stability, Transparency and good organization, Pursuit of friendship, joy and fun, Pursuit of sexuality and an erotic life, Pursuit of freedom, contentedness and self-sufficiency, Pursuit of an accumulation of material goods and property, Pursuit of a family life and the aspiration to raise one's own children, Pursuit of food and drink, Pursuit of knowledge, skills and truth, Pursuit of loyalty and moral integrity, Pursuit of social acceptance and belonging; fear of rejection, Pursuit of physical fitness and exercise, Pursuit of wealth, titles and public attention, Pursuit of social justice and fairness

Power, Order, Peace, Relationships, Revenge, Romance, Idealism, Independence, Recognition, Saving, Physical activity, Family, Status, Nutrition, Honour, Curiosity

The 16 basic motives described by Steven Reiss are desires and, thus, motives that shape our behaviour and personality. While these motives can be found in all people, they vary from person to person and do not necessarily have to conform to any particular hierarchical order. Most of these motives – though certainly not always all of them – are motivation factors that acquire their significance in the context of the work world.

cf.: Reiss 2000

Teams

A **team** is a small group of people who are engaged in direct social interaction for a specific period and who pursue a common goal that is specified from outside in the form of a "job". The members of the team are committed to reaching the specified targets and are responsible as a group for achieving this goal. They agree to a specific approach to be applied in accomplishing their tasks, and they are committed to following specific social rules and norms.

cf.: doctorate M. Müthel 2005 / Miriam.Muethel@whu.edu

Phases of team development:

1. Forming, 2. Storming, 3. Norming, 4. Performing, Feeling of well-being, Fulfillment, Feeling of discontent, Disappointment, Interaction, Time

Test phase – Formation of the group
- Polite
- Impersonal
- Tense
- Cautious

Close combat phase – Conflict
- Underlying conflicts
- Confrontation between different individuals
- Formation of cliques
- Difficult progress

Organization phase – Agreement on common goals
- Development of new ways of interacting with others in the group
- Feedback
- Confrontation between different points of view
- Self-organisation
- Lines are drawn, power struggles

Fusion phase – Performance
- Full of ideas
- Flexible
- Open
- Efficient
- United, cooperative
- Maturity, mutual acceptance

Development of trust through time, Trust, Time, Interpersonal trust, Impersonal trust, Economically oriented development of trust, Knowledge-based development of trust, Identification-based development of trust

cf.: Promotion M. Müthel 2005

Self-management:
comprises techniques that can be used by an individual for time and goal planning for management of all individual circumstances of one's life such as:
- Family/contacts
- Mind/culture
- Body/health
- Work life

Purpose and goals in life: ▸ Meaning of life (evolution?) ▸ Goals in life – Short-term (1 year) – Medium-term (2 .. 5 years) – Long-term (over 5 years) ✕ *Whole life planning*

Spirit: ▸ Perception via five sense organs ▸ Cognitive performance ▸ Intelligence ▸ Experience ▸ Sense of humour

Spirituality: ▸ Exploration ▸ Creation of the world ▸ Chance ▸ explanation ▸ Freedom or determination ▸ Religiousness

Social networks: ▸ Informal networks (who can I ask when I need information?) ▸ Relationships of trust ✕ *Knowledge management in social networks* ▸ Social dependency relationships (who can help me if I need a specific service?) ✕ *Relationship management in social networks* ▸ Emotional – empathetic dependency relationships (▸ empathy / antipathy / affection / love / …) ✕ *Emotional management in social networks*

Body: ▸ Health ▸ Physical fitness ▸ Biological performance capacity – Sexuality – Daily performance – Lifetime performance

Time: ▸ Time experienced in terms of quantity ▸ Time experienced in terms of quality (experienced/perceived time, time = can be consciously recalled) ✕ *Time management* – Activity and time analysis – Disruptions and interruptions – Analysis of own work behavior

Material resources management: – Financial resource management – Facility management

Work-life balance between mind and body

Milgram-hypothesis

cf.: Stanley Milgram 1967

After moth of puzzling with Computer the scientists Duncan Watts and Steve Strogatz 1998 really got the mail and connected, six billion points, should symbolize the world population, so that every point with an max of six steps could reached from each other point.

everybody on the earth is connected with each other within 6 contact personen.

Knowledge management

Feed - back

Know how / excellence, unknown competence, known competence, known incompetence, unknown incompetence, Known to others, Not known to others, Known to self, Not known to self, A Area of free activity (public), B Blind spot, C Area of evasion and concealment (private), D Area of unknown activity

Memory models:
cf.: Frederic Vester 2002

Ultra short-term memory, Short-term memory, Long-term memory

Development of trust within the team

What is a conflict?
A conflict is a process that begins the moment when one party perceives that the other party is impeding or starting to impede the pursuit of its interests (individual goals).

What are the different conflict levels?
- 4 Within a person (struggle with contradictions)
- 4 Between two individuals
- 4 Between a person (for example, a moderator) and a group
- 4 Within a group
- 4 Between groups

What options do I have to resolve conflict?

Harvard concept	Perceptive positions
Problem resolution talks	Problem resolution group
Coaching, mediation	

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acc. Blake, Mouton, Thomas

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Maslow's Pyramid of Needs

cf.: Maslow 1954

Proposed definition of self-actualisation: Carefully considered (perceiving one's feelings, motivations and behaviour and controlling them to a certain extent / freedom in choosing how drives should be satisfied) and autonomous management of one's own drives.

cf.: Felix von Cube 2000

Self-actualisation, Esteem and recognition, Social needs, Security needs, Basic physical needs, Affection, belonging, Protection, order, continuity, Air, food, sleep

Acceptance and motivation factors within project teams

cf.: Kleindienst 2005

Project conception, Sense of project, Project objective, Assignment go-ahead, Resources, Project culture, Personal gain, Support, Responsibilities, decisions, Quantity of human resources, Quality of human resource allocation, Project budget, Project manager, Atmosphere, Participation and involvement, Constructive communication style, Way of dealing with conflicts, Communication and information, Individual responsibility, Decision regarding error tolerance, Requesting decisions, Success (feeling of success), Remuneration, Career opportunities, Security, Self-actualization, Recognition and status, Contacts for project management, Work preparations

Self-management of my resources

Money, Workplace furnishings and equipment, Material resource management, Financial resource management, Facility management, Body: ▸ Health ▸ Physical fitness ▸ Biological performance capacity – Sexuality – Daily performance – Lifetime performance, Material, resources, Balance, immaterial resources

"individual objectives" resulting from whole live planning of my communication partners

The way others see me: ▸ Personality ▸ Disposition (body language) ▸ Charisma ▸ Self-confidence ▸ …, ✕ *Image management*, management of own, multiple Intelligences: ▸1 mathematical ▸2 space ▸3 linguistic ▸4 naturalistic ▸5 musical ▸6 kinästhetic ▸7 existential ▸8 intrapersonal ▸9 interpersonal ▸10 emotionale, intelligence

cf.: www.Spiegel.de edition 12/2006

Information received via sense organs, Information contained in motor output, Reduction to 1:10⁵ as a result of selection and pre-processing outside of the processes relating to consciousness

cf.: Eisenmower desk principle

A Complete task immediately	B Fix a date for the task and delegate if necessary
C Delegate task	D Forget it

Urgency (time-related), Importance (importance-related)

Pareto principle, 80-20 rule

Carefull *Check whether the Pareto principle is really applicable to your case!*

Effort, Result

Perception of our environment

How am I perceived ?

Ideal image, Self-image, Dimensions of your self-image (Big Five):
- Body and appearance
- Background, family and socialization
- Intelligence and creativity
- Abilities and skills
- Education, training, work experience and career
- Character and values
- Goals, methods, goals, dreams
- Character and values
- Lifestyle
- Preferences
- Possessions, money and property
- Social relationships
- Free time, hobbies, sense of the fun, sport and leisure, leisure, pleasure
- Meta-dimensions

How do I see / experience MYSELF?

External image 1, How does MY Communication partner see / experience me? (information based on presumably honest feedback), External image 2

Meta-image, How do I believe OTHERS see / experience me? (something that I know in part from presumably honest feedback that I have received)

"The Johari Window"

cf.: Joseph Luft and Harry Ingham 1955

The "bottleneck" model of human perception

Only one part in ten million is actually processed

Visual sight approx. 80 %, Auditory hearing approx. 13 %, Kinaesthetic touch (skin etc.), Olfactory smell (nose), Gustatory taste, Environment, Feedback

input: 10^9 bits/sec, an output of 10^7 bits/sec, Information reduction to approx. 10^2 bits/sec

Social Perception

The humanist approach:
a) A person is individual in his or her entirety.
b) Each person already possesses an inherent capability for growth and self-discovery.
c) The challenge is to discover and bring out the potential in the person.

Basic assumptions:
1. A person's behavior is shaped by his or her model of the world, and not by the way the world really is.
2. A map is not the same thing as the area it describes.
3. Body and spirit influence each other reciprocally.
4. The variety of possible types of behavior is important – freedom of choice!
5. People have every resource at their disposal to achieve a desired change.
6. People can't not communicate.
7. If something isn't working, then try something else.
8. There are two levels of communication: conscious – unconscious
9. There's no such thing as failure! There's only feedback.
10. The importance of communication is in the reaction that you receive.
11. All behavior has a positive intention. This doesn't mean, however, that the behaviour is good.
12. The current behavior of a person is the best option available to this person just now.

cf.: Grundemalmion in der Neurolinguistischen Prozessarbeit (NLP) [Basic Assumptions in Neuro-Linguistic Programming, or NLP]

Communication & language

Language forms

Vocal communication: ▸ Speech speed ▸ Speech melody ▸ Speech rhythm ▸ Speech pauses …

Visual communication: ▸ Use of signals to communicate ▸ Sign language

Body language: ▸ Gestures ▸ Facial expressions ▸ Disposition

Body, voice, content, 7% 38% 55%

cf.: Behrel von Thun

There's no such thing as "non-communication"

Individual perception / interpretation of language

Tree

Words do not constitute the objective reality that they attempt to describe. They are purely subjective symbols based on conventions. They obtain meaning and change meaning through use.

Model of interpersonal communication

cf.: Schulz von Thun, Hagehüls

Feedback, Sender, Recipient, Message, Factual content, Request, Control (Self-revelation), Relationship, Self-revelation, Control (We are …), What do I want to get you for?, What do I think of you?, What am I telling about myself?, What do I think about myself?, How do we interact with each other?, What do I think of you?

Special communication situations

Meetings:
- ▸ Agenda + goals of TOP's (who; how long; information/ discussion/decision)
- ▸ Organization / invitation
- ▸ Documentation (minutes)
- ▸ Moderation
- ▸ Frequency of meetings
- ▸ Optional dates

Kick off:

Kick off, Meeting, Meeting, Meeting